

# Vegan & Gluten Free Summer Menu

## PRE-DINNER

**Mixed Queen Olives and Bread (gf on request) £6.95**

## STARTERS

**Homemade Soup (gf on request) £5.95**

Served with crusty bread

**Heritage Tomato Salad (gf on request) £7.25/£14.95**

Cherry tomatoes, cucumber and sourdough croutons with a baby caper, basil and mint dressing

**Avocado & Tomato Baby Gem Salad (gf) £8.25**

**Chilli, Coriander, Red Pepper and Mango (gf on request) £8.25**

On toasted focaccia

## MAINS

**Vegan Paella (gf on request) - 1 person or 2 people sharing £14.95/£29.95**

With peas, sugar snap peas, red pepper, broad beans, baby corn and grilled artichokes and garlic bread

**Tofu Thai Salad (gf) £14.95**

Grilled pak choi, bean sprouts, carrots, spring onions, sugar snap peas, red pepper, chilli, sesame seeds and coriander

## EXTRAS

Seasonal Vegetables **£3.95**

Dressed Mixed Salad **£3.95**

Queen Olives **£3.95**

## DESSERTS

**Sorbets from Caroline's Dairy West Sussex £1.95 per**

Raspberry Sorbet, Lemon Sorbet **scoop**

**Almond and Walnut Chocolate Brownie ( gf) £7.95**

With raspberry coulis

**PLEASE INFORM US OF ANY ALLERGIES OR DIETARY REQUIREMENTS**

**v: vegetarian c: can be made in a child's portion gf: can be made to be gluten free**